



Variedad - Variety

R -56

Disponibilidad - Availability

Junio – Agosto

June –August

Configuración de entrega – Delivery Settings

- 5 lbs per box
- 140 boxes per pallet
- Or we pack according to customer specifications (Clamshells)
- Airway

Rambután

MAMÓN CHINO

(*Nephelium lappaceum*)

This small friend, oval shaped and very sweet, with pulp similar to that of the grape, has a delicious flavor, juicy and with an acid touch. It has antioxidants, is composed of gallic acid and an amount of antioxidants, which help fight premature aging. Because of its vitamin C content it strengthens the immune system. Also thanks to calcium, iron and phosphorus, rambutan is perfect for strengthening bones. Good dose of energy. It helps to increase energy thanks to its level of carbohydrates, proteins and water.

Maintains the production of red and white blood cells because of copper and manganese. And because of its iron content, rambutan helps transport oxygen from the lungs to the tissues.



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